

# THE COLLEGE OF OPTOMETRISTS



## HIGHER QUALIFICATIONS Examination Content

### Rehabilitation of Visual Impairment A

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## Examination Format

Certificate: **Rehabilitation of Visual Impairment A**

### **Clinical Portfolio:**

The portfolio, which must be submitted to the College Higher Qualifications Co-ordinator no later than the advertised deadline, is to include 6 records. 3 to show rehabilitation of patients with different task demands, e.g reading, sewing, golf, television etc. and 3 to highlight different aspects from the following: non-optical aids, environmental changes to optimise vision, interaction with a multi-disciplinary team, low vision aids in the working environment, low vision aids in an education environment and electronic vision enhancement systems.

Each case record should contain the following:

All visits should be dealt with and dated. Specifications of low vision aids should be given. If available manufacturers information should be included as an appendix. Findings, advice, future plans and prescribing/training with optical/non-optical aids should be described.

Ideally photocopies of your actual practice notes should be included, observing patient anonymity in all cases.

Summary and discussion of 500 to 1000 words. This should not only describe the case but should mention alternative approaches that could have been taken, references in the literature that are relevant, problems which may have been insurmountable, discussions with other practitioners etc.

Further details regarding general presentation and content of the portfolio are to be found on page 4 of this guide.

Two complete copies of the case records and all documentation should be submitted.

Assessment is in the form of a 1 hour viva.

### **Written Examination:**

The written examination will take the form of a 1.5 hour paper consisting of 30 short answer questions covering any aspect of the syllabus. They will usually concentrate on the areas of the syllabus which cannot be easily examined in station examinations.

### **Station Examination:**

The station examination (1 hour), consists of 4 stations as shown below:

#### **Station 1 Measurement of visual function**

Measurement of visual function as fully as possible using the equipment provided (15 minutes)

Equipment provided:

- LogMAR distance chart,
- logMAR near chart,
- MN Read chart,
- Pelli-Robson chart, MET test,
- Amsler chart,
- Bjerrum screen, colour vision test.
- 1 x patient

## **Station 2 Determine the most appropriate optical aid**

Determine the most appropriate optical aid for a patient to perform their required visual tasks and advise them on its use. (15 minutes)

Equipment provided:

- LogMAR distance chart,
- logMAR near chart,
- newspaper, trial-frame,
- trial-case,
- range of optical aids.
- 1x patient (with an optimal prescription and current optical aids).

## **Stations 3 & 4 Description of an optical aid – one telescope and one stand magnifier**

Describe the aid and how it should be used in as much detail as possible (30 minutes)

Equipment provided:

- Ruler,
- clear tape,
- distant tube or test chart light source,
- telescope, t
- rial case,
- regular target,
- focimeter,
- optical aid.