

THE COLLEGE OF OPTOMETRISTS



42 Craven Street, London, WC2N 5NG
Telephone: 020 7839 6000 Fax: 020 7839 6800
Email: hquals@college-optometrists.org
Website: <http://www.college-optometrists.org>

Examination Format

Ocular Conditions - Diabetes

Examination Format

Certificate: **Diabetes**

Clinical Portfolio:

The portfolio, which must be submitted to the College Higher Qualifications Co-ordinator no later than the advertised deadline, is to include 6 records to show various stages of retinopathy, different diagnostic techniques and treatment modalities. The submission of case histories involving other ocular manifestations of diabetes, are encouraged.

In addition a clinical skills log showing evidence of personal experience in the recognition of the four major classifications of diabetic retinopathy must be submitted with the portfolio. The clinical skills log should represent the accumulation of six months of experience. A template of the clinical skills log can be found on the accompanying page.

Further details regarding general presentation and content of the portfolio are to be found on page 4 of this guide.

Two complete copies of the case records and all documentation should be submitted.

Assessment is in the form of a 1 hour viva.

Written Examination:

The written examination will take the form of a 1.5 hour paper consisting of 30 short answer questions covering any aspect of the syllabus.

Station Examination

The station exam (1 hour) consists of 10 tasks as shown below, 4 assessing practical skills, 6 assessing visual recognition and identification of clinical signs.

Station 1

Task 1a Demonstrate headband indirect ophthalmoscopy (patient)

The candidate will be asked to demonstrate a fundus examination of both eyes of a patient and relate and record via a simple fundus diagram his/her observations. (10 minutes)

Task 1b Demonstrate slit-lamp indirect ophthalmoscopy (patient)

Examination of the fundus by indirect ophthalmoscopy using the slit-lamp biomicroscope and high powered lenses. Candidates will be asked to demonstrate a fundus examination of both eyes of a patient and relate and record observations via a simple fundus diagram. (10 minutes)

Task 1c Demonstrate slit-lamp indirect ophthalmoscopy (patient)

Examination of the fundus by indirect ophthalmoscopy using the slit-lamp biomicroscope and high powered lenses. Candidates will be asked to demonstrate a fundus examination of both eyes of a patient and relate and record observations via a simple fundus diagram. (10 minutes)

Task 1d Demonstrate slit-lamp indirect ophthalmoscopy (patient)

Examination of the fundus by indirect ophthalmoscopy using the slit-lamp biomicroscope and

high powered lenses. Candidates will be asked to demonstrate a fundus examination of both eyes of a patient and relate and record observations via a simple fundus diagram. (10 minutes)

Station 2 6 x picture recognition (total 30 minutes)

Candidates will be asked to assess 6 images, making appropriate observation for a range of anatomical features and be able to discuss the particular significance of normal/abnormal features in the context of diabetic eye disease, its diagnosis and its management.