

# Sunday 24 February

## CET target audience code

o Optometrist   
 to Therapeutic optometrist   
 ① Number in bottom right corner indicates number of CET points  
do Dispensing optician   
 cl Contact lens optician

Lecture stream Kings Suite	Seminar stream Pavilion Room	Workshop stream 1 Gladstone Room	Workshop stream 2 Salisbury Room	Workshop stream 3 Wellington Room	Therapeutics stream London & Cambridge Rooms	Sponsor stream 1 York Room	Sponsor stream 2 Surrey Room	Sponsor stream 3 Churchill Room
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8am-9.15am Registration & trade exhibition				Registration & trade exhibition					
9.15am-9.30am Welcome - Kings Suite				Welcome - Kings Suite					
9.35am-10.35am	Advances in glaucoma surgery: <b>Keith Barton</b> <span style="color: blue;">o</span>	Harry Potter should have had contact lenses: <b>Wendy Sethi</b> <span style="color: blue;">o</span> <span style="color: brown;">do</span> <span style="color: green;">cl</span>	DISCUSSION: A dummy's guide to OCT for optometrists who are new to OCT 1: <b>Dr Irene Ctori</b> <span style="color: blue;">o</span>	SKILLS: How to never miss those nasty retinal tears and PVDs: a step by step practical guide for optometrists 1: <b>Kam Balaggan</b> <span style="color: blue;">o</span>	DISCUSSION: Not a dry eye in the house – putting DEWS II into practice 1: <b>Claire Mallon</b> <span style="color: blue;">o</span> <span style="color: brown;">do</span> <span style="color: orange;">to</span> <span style="color: green;">cl</span>	Tablets and the eye: systemic treatments for eye diseases: <b>Amanda Harding</b> <span style="color: blue;">o</span> <span style="color: orange;">to</span>	DISCUSSION WORKSHOP: Swept Source OCT - what lies beneath ( <b>Topcon</b> ) <span style="color: blue;">o</span>		
10.40am-11.40am	Taking the headache out of headaches: <b>Professor Bruce Evans</b> <span style="color: blue;">o</span> <span style="color: brown;">do</span>	Real world effects of living with AMD: <b>Vanessa Camp, Jane Johns &amp; Dr Deanna Taylor</b> <span style="color: blue;">o</span>	DISCUSSION: A dummy's guide to OCT for optometrists who are new to OCT 2: <b>Dr Irene Ctori</b> <span style="color: blue;">o</span>	SKILLS: How to never miss those nasty retinal tears and PVDs: a step by step practical guide for optometrists 2: <b>Kam Balaggan</b> <span style="color: blue;">o</span>	DISCUSSION: Not a dry eye in the house – putting DEWS II into practice 2: <b>Claire Mallon</b> <span style="color: blue;">o</span> <span style="color: brown;">do</span> <span style="color: orange;">to</span> <span style="color: green;">cl</span>	NICELY does it - glaucoma prescribing facts and fiction: <b>Angela Whitaker</b> <span style="color: blue;">o</span> <span style="color: orange;">to</span>	LECTURE: Building a successful myopia management practice ( <b>Visioneering Technologies, Inc.</b> ) <span style="color: blue;">o</span>	INTERACTIVE SESSION 1: Aftercare: hidden in plain sight ( <b>CooperVision</b> ) & Delivering innovation for ocular surface disease ( <b>Scope Ophthalmics</b> ) <span style="color: blue;">o</span> <span style="color: green;">cl</span> Meet at the CooperVision stand	DISCUSSION WORKSHOP: Getting it right with generation Z 1 ( <b>Johnson &amp; Johnson Vision</b> ) <span style="color: blue;">o</span>
11.40am-12.05pm Break, trade exhibition & poster presentations - Monarch Suite				Break, trade exhibition & poster presentations - Monarch Suite					
12.05pm-1.05pm	Treatments to manage myopia progression: hope or reality: <b>Professor Chris Hammond, Dr Nicola Logan, Professor Kathryn Saunders</b> <span style="color: blue;">o</span> <span style="color: brown;">do</span>	The Arthur Bennett Prize Session: Bridging the gap between research and clinical practice: <b>Professor John Lawrenson</b> <span style="color: blue;">o</span> <span style="color: brown;">do</span>	DISCUSSION: Advanced anterior eye OCT (for optometrists who have had an OCT for 6 months or longer) 1: <b>Professor Nick Rumney</b> <span style="color: blue;">o</span>	SKILLS: Mirror, mirror on the eye: a beginner's guide to gonioscopy 1: <b>Patrick Gunn</b> <span style="color: blue;">o</span>	SKILLS: Mind the app: using a smartphone as a low vision aid: <b>Jane Macnaughton</b> <span style="color: blue;">o</span> <span style="color: brown;">do</span>	Advanced dry eye: <b>Fiona Carley</b> <span style="color: blue;">o</span> <span style="color: orange;">to</span>	LECTURE & DISCUSSION WORKSHOP: Near vision assessment ( <b>Essilor</b> ) <span style="color: blue;">o</span>	DISCUSSION WORKSHOP: One hour, 10 patients. Are you up for the challenge? 1 ( <b>Johnson &amp; Johnson Vision</b> ) <span style="color: blue;">o</span>	
1.05pm-2.05pm Lunch, trade exhibition & poster presentations - Monarch Suite				Lunch, trade exhibition & poster presentations - Monarch Suite					
2.05pm-3.05pm	Smoothing out a bumpy ride in oculoplastics: lid lumps & bumps, when to treat & when to refer: <b>Raj Das-Bhaumik</b> <span style="color: blue;">o</span>	Diagnosing and monitoring glaucoma in a virtual setting: <b>Karl Mercieca</b> <span style="color: blue;">o</span>	DISCUSSION: OCT differential diagnosis (for experienced users) 1: <b>Tomas Burke</b> <span style="color: blue;">o</span>	SKILLS: BV: accommodation - it's not just the amplitude 1: <b>Dr Catherine Porter</b> <span style="color: blue;">o</span>	SKILLS: Headset BIO 1: <b>Rupal Lovell-Patel</b> <span style="color: blue;">o</span>	Urgent or not – is it worth a four hour wait?: <b>Sonia Yong</b> <span style="color: blue;">o</span> <span style="color: orange;">to</span>	LECTURE: What's all the fuss about Demodex? 1 ( <b>Thea Pharmaceuticals</b> ) <span style="color: blue;">o</span>	SKILLS WORKSHOP: Dry eye - lets get hands on ( <b>Topcon</b> ) <span style="color: blue;">o</span>	DISCUSSION WORKSHOP: Managing myopia in clinical practice 1 ( <b>CooperVision</b> ) <span style="color: blue;">o</span>
3.10pm-4.10pm	OCT angiography, going with the flow: <b>Nishal Patel</b> <span style="color: blue;">o</span>	Medicine of the near future: gene therapy for inherited retinal disease: <b>Jasleen Jolly</b> <span style="color: blue;">o</span>	DISCUSSION: OCT differential diagnosis (for experienced users) 2: <b>Tomas Burke</b> <span style="color: blue;">o</span>	SKILLS: BV: accommodation - it's not just the amplitude 2: <b>Dr Catherine Porter</b> <span style="color: blue;">o</span>	SKILLS: Headset BIO 2: <b>Rupal Lovell-Patel</b> <span style="color: blue;">o</span>	Delivering primary care optometry demands IP: <b>Professor Nick Rumney</b> <span style="color: blue;">o</span> <span style="color: orange;">to</span>	DISCUSSION WORKSHOP: Providing prolonged relief of dry eye symptoms 1 ( <b>Avizor</b> ) <span style="color: blue;">o</span>	DISCUSSION WORKSHOP: Astigmatism and contact lenses ( <b>CooperVision</b> ) <span style="color: blue;">o</span>	
4.10pm-4.35pm Break, trade exhibition & poster presentations - Monarch Suite				Break, trade exhibition & poster presentations - Monarch Suite					
4.35pm-5.35pm	BV: double trouble- when ocular motor nerves go horribly wrong: <b>Simon Frackiewicz</b> <span style="color: blue;">o</span>	Vision correction surgery (refractive surgery) in 2019: <b>Bruce Allan</b> <span style="color: blue;">o</span>	DISCUSSION: Advanced anterior eye OCT (for optometrists who have had an OCT for 6 months or longer) 2: <b>Professor Nick Rumney</b> <span style="color: blue;">o</span>	SKILLS: Mirror, mirror on the eye: a beginner's guide to gonioscopy 2: <b>Patrick Gunn</b> <span style="color: blue;">o</span>	DISCUSSION: The use of virtual augmented reality to simulate glaucoma: <b>Dr Pete Jones</b> <span style="color: blue;">o</span>	Peer review for independent prescribing optometrists <span style="color: orange;">to</span>	LECTURE: Thinking like an engineer and a dermatologist to keep eyes comfortable 1 ( <b>Thea Pharmaceuticals</b> ) <span style="color: blue;">o</span>	DISCUSSION WORKSHOP: What should modern MAR deliver? ( <b>Essilor</b> ) <span style="color: blue;">o</span>	LECTURE: Multifocals rock: the how to's and benefits to your practice and bottom line ( <b>Visioneering Technologies, Inc.</b> ) <span style="color: blue;">o</span>
5.35pm-7pm Networking reception - Monarch Suite				Networking reception - Monarch Suite					

# Monday 25 February

## CET target audience code

- O Optometrist
- TO Therapeutic optometrist
- DO Dispensing optician
- CL Contact lens optician
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	Lecture stream Kings Suite	Seminar stream Pavilion Room	Workshop stream 1 Gladstone Room	Workshop stream 2 Salisbury Room	Workshop stream 3 Wellington Room	Peer Discussion Stream London & Cambridge Rooms	Sponsor stream 1 York Room	Sponsor stream 2 Surrey Room	Sponsor stream 3 Churchill Room
8am-9am	Registration & trade exhibition				Registration & trade exhibition				
9am-10am	Inherited retinal disease: what's on the horizon?: <b>Omar Mahroo</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	Ageing and glaucoma management: revisiting "dying with sight": Dr <b>Robert Harper</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span> <span style="background-color: #ffc107; color: white; padding: 2px 5px; border-radius: 3px;">TO</span>	DISCUSSION: OCT - when is it useful with discs? (for optometrists who have had an OCT for 6 months or longer) 1: <b>Mike Horler</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	SKILLS: Epiphora - knowing when to syringe 1: <b>Amanda Davidson</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span> <span style="background-color: #ffc107; color: white; padding: 2px 5px; border-radius: 3px;">TO</span>	DISCUSSION: Managing paediatric cases - practical advice for practice-based optometrists 1: <b>Polly Dullely</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	Peer discussion 1 <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	DISCUSSION WORKSHOP: Providing prolonged relief of dry eye symptoms 2 ( <b>Avizor</b> ) <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	DISCUSSION WORKSHOP: Basic OCT interpretation ( <b>Topcon</b> ) <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	LECTURE: The role of multi-focal contact lenses in myopia control ( <b>Visioneering Technologies, Inc.</b> ) <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>
10.05am-11.05am	Latest trials and treatments in AMD: <b>Clare Bailey</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span> <span style="background-color: #6c757d; color: white; padding: 2px 5px; border-radius: 3px;">DO</span>	Diabetes complications: <b>Professor Colin Dayan</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	DISCUSSION: OCT - when is it useful with discs? (for optometrists who have had an OCT for 6 months or longer) 2: <b>Mike Horler</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	SKILLS: Mini sclerals, easy as A, B, C. 1: <b>Nick Howard</b> Sponsored by <b>No7 Contact Lenses</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span> <span style="background-color: #28a745; color: white; padding: 2px 5px; border-radius: 3px;">CL</span>	DISCUSSION: Managing paediatric cases - practical advice for practice-based optometrists 2: <b>Polly Dullely</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	Peer discussion 2 <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	LECTURE: Thinking like an engineer and a dermatologist to keep eyes comfortable 2 ( <b>Thea Pharmaceuticals</b> ) <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	INTERACTIVE SESSION 2: The steps to success with multifocal contact lenses ( <b>Johnson &amp; Johnson Vision</b> ) Understanding DEWSII approach to dry eye disease classification ( <b>Alcon</b> ) <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span> <span style="background-color: #28a745; color: white; padding: 2px 5px; border-radius: 3px;">CL</span> Meet at the Alcon stand	DISCUSSION WORKSHOP: Unlock the potential - highlighting the emotional connection to contact lenses ( <b>CooperVision</b> ) <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>
11.05am-11.30am	Break, trade exhibition & poster presentations - Monarch Suite				Break, trade exhibition & poster presentations - Monarch Suite				
11.30am-12.30pm	What lies beneath...neuro-ophthalmic problems in primary eye care: <b>James Acheson</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	#KnowYourDrops - revolutionising medicines optimisation in ophthalmology: <b>Fiona Chiu &amp; Sarah Thomas</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	DISCUSSION: A dummy's guide to OCT for optometrists who are new to OCT 3: <b>Dr Irene Ctori</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	SKILLS: Mini sclerals, easy as A, B, C. 2: <b>Nick Howard</b> Sponsored by <b>No7 Contact Lenses</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span> <span style="background-color: #28a745; color: white; padding: 2px 5px; border-radius: 3px;">CL</span>	SKILLS: Epiphora - knowing when to syringe 2: <b>Amanda Davidson</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span> <span style="background-color: #ffc107; color: white; padding: 2px 5px; border-radius: 3px;">TO</span>	Peer discussion 3 <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	LECTURE: What's all the fuss about Demodex? 2 ( <b>Thea Pharmaceuticals</b> ) <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	DISCUSSION WORKSHOP: Getting it right with generation Z 2 ( <b>Johnson &amp; Johnson Vision</b> ) <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	DISCUSSION WORKSHOP: Managing myopia in clinical practice 2 ( <b>CooperVision</b> ) <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>
12.30pm-1.30pm	Lunch, trade exhibition & poster presentations - Monarch Suite				Lunch, trade exhibition & poster presentations - Monarch Suite				
1.35-1.40pm	Message from platinum sponsor: Thea Pharmaceuticals - Kings Suite				Message from platinum sponsor: Thea Pharmaceuticals - Kings Suite				
1.40pm-2.40pm	The George Giles Memorial Lecture: The London Project to cure blindness at 10 years; have we found a cure? <b>Professor Pete Coffey</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span> ①					Peer discussion 4 <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>			
2.45pm-3.30pm	The College of Optometrists' AGM & The Benevolent Fund AGM - Kings Suite				The College of Optometrists' AGM & The Benevolent Fund AGM - Kings Suite				
3.30pm-3.55pm	Break, trade exhibition & poster presentations - Monarch Suite				Break, trade exhibition & poster presentations - Monarch Suite				
3.55pm-4.55pm	How to do a great referral to paediatric ophthalmology and what not to miss: <b>Cathy Williams</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	The importance of lifestyle factors in maintaining ocular health & smoking cessation clinics: <b>Michelle Dyoss &amp; Professor John Lawrenson</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span> <span style="background-color: #6c757d; color: white; padding: 2px 5px; border-radius: 3px;">DO</span>	DISCUSSION: OCT - when is it useful with discs? (for optometrists who have had an OCT for 6 months or longer) 3: <b>Mike Horler</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	SKILLS: Welcome to the chamber of secrets: the dark art of gonioscopy (for beginners) 1: <b>Dr Dan Rosser</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	SKILLS: It ain't what you do it's the way that you do it - a back to basics look at BV testing 1: <b>Simon Frackiewicz</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	Peer discussion 5 <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	DISCUSSION WORKSHOP: Providing prolonged relief of dry eye symptoms 3 ( <b>Avizor</b> ) <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	PEER DISCUSSION: Do we all need a boost? ( <b>Essilor</b> ) <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	DISCUSSION WORKSHOP: One hour, 10 patients. Are you up for the challenge? 2 ( <b>Johnson &amp; Johnson Vision</b> ) <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>
5pm-6pm	DVLA: who, when and how? <b>Ian Pearce</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>		DISCUSSION: Advanced anterior eye OCT (for optometrists who have had an OCT for 6 months or longer) 3: <b>Professor Nick Rumney</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	SKILLS: Welcome to the chamber of secrets: the dark art of gonioscopy (for beginners) 2: <b>Dr Dan Rosser</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	SKILLS: It ain't what you do it's the way that you do it - a back to basics look at BV testing 2: <b>Simon Frackiewicz</b> <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>	Peer discussion 6 <span style="background-color: #007bff; color: white; padding: 2px 5px; border-radius: 3px;">O</span>			