| Programme Sunday 28 April 2024 |   |  |   | Key L Lecture S Skills D Discussion Workshop S Seminar P Panel Session P Peer Review i Interactive Session |  |   |  |  | THE COLLEGE OF BCLA  |   |  |
|--------------------------------|---|--|---|--|--|---|--|--|--|---|--|
|                                |   | BCLA Focus Lecture stream<br>Ludlow 1  | BCLA Focus Workshop stream<br>Newport 2   | Optometry Tomorrow:<br>Workshop stream 1<br>Wenlock 1 & 2  | Optometry Tomorrow:<br>Workshop stream 2<br>Wenlock 3 & 4  | Optometry Tomorrow:<br>Workshop stream 3<br>Newport 1                                 | Optometry Tomorrow:<br>Therapeutics & Peer<br>Review stream<br>Ironbridge 3                | Sponsor stream 1<br>Beckbury 1 & 2   | Sponsor stream 2<br>Beckbury 3 & 4   | Sponsor stream 3 Pattingham 1   |  |
| 8-9am                          |   | Registration & trade exhibition - Hall 3   |   |  |  |   |  |  |  |   |  |
| 9-9.10am                       |   | The College of Optometrists and BCLA opening and welcome - Ironbridge Suite 1 &2   |   |  |  |   |  |  |  |   |  |
| 9.10-9.15am                    |   | Message from platinum sponsor Johnson & Johnson Vision - Ironbridge Suite 1 & 2  |   |  |  |   |  |  |  |   |  |
| 9.25-10.25am                   | and its diagnostic<br>potential - can Al<br>unlock its full potential?<br>Dr Rebekka Heitmar<br>MCOptom         | BCLA CLEAR™ Presbyopia: Key findings to improve patient care Prof Shehzad Naroo FBCLA, Dr Neema Ghorbani Mojarrad FBCLA, Neil Retallic FBCLA, Dr Marta Vianya-Estopa FBCLA,  | Embrace the cone: Corneal RGP fitting in Keratoconus Aneel Suri MBCLA, Cian Gildea FBCLA & Nick Howard FBCLA  | Lacrimal syringing -<br>how and why<br>(Option 1)<br>Dr Ziyaad Sultan                                      | Communication - how can we create a working alliance with our patients? (Option 1)  Andy Cole                  | I'm a Foreign Body, get<br>me out of here! (Option 1)<br>Malcolm McPherson<br>MCOptom | Expanding scope of practice for optometrists Rebecca Daly MCOptom                          | The art of conscious decision making for CL selection Eve Lambert CooperVision   | Delving into the life of a presbyope Dr Byki Huntjens & Sarah Morgan Bausch + Lomb | Name that Haemorrhage Amit Nakum & ilal Mohammed SpaMedica  |  |
| 10.35-11.35am                  | Shake, Rattle and Roll - Nystagmus in optometric practice   | Dr Debarun Dutta FBCLA & Dr<br>Manbir Nagra FBCLA, Dr Sayantan<br>Biswas. Chair: Prof Philip Morgan<br>FBCLA   | A bridge between: Scleral and hybrid contact lenses and their application in the contact lens management of irregular corneas Cian Gildea FBCLA, Aneel Suri MBCLA, Nick Howard FBCLA & lan Sexton FBCLA | Lacrimal syringing - Dhow and why (Option 2) Dr Ziyaad Sultan  | Communication - how can we create a working alliance with our patients? (Option 2)  Andy Cole                  | How to never miss those<br>nasty retinal tears and<br>PVDs (Option 1)<br>Kam Balaggan | Peer review 1  | Excellence in experience<br>Samantha Watson<br>CooperVision  | Multifocal Mastermind (Option 1) Marie Therese Hall Johnson & Johnson Vision       | OCT interpretation Emily Scarpello & Marian Carvalho SpaMedica  |  |
| 11.35am-12pm                   |   |  |   |  |  |   |  |  |  |   |  |
| 12-1pm                         | with patients with<br>special needs<br>Dr Margaret<br>Woodhouse MCOptom   | BCLA CLEAR™ Presbyopia: Key findings to improve patient care Prof Shehzad Naroo FBCLA & Dr Debarun Dutta FBCLA. Chair: Prof Philip Morgan FBCLA  | Hands on with Dry Eye* Connan Tam MBCLA, Sarah Farrant FBCLA, Danielle Lee & Shail Patel FBCLA  | Leadership - Going pfor goals  Kyla Black MCOptom  | Personality, purpose<br>and pulling together:<br>How teams work<br>Jay Varia MCOptom<br>& Connor Beddow        | How to never miss<br>those nasty retinal tears<br>and PVDs (Option 4)<br>Kam Balaggan | Leadership in IP practice: How to be Nelson Mandela, not General Custer lan Jarvis MCOptom | 'Comfortable Vision' for your<br>Presbyopes<br><b>Buki Anthony MOptom</b><br><i>Alcon</i>  | Multifocal Mastermind (Option 2) Marie Therese Hall Johnson & Johnson Vision       | A review of the latest clinical data for myopia management with multifocal soft contact lenses  Professor Nicola Logan  Positive Impact |  |
| 1-2pm                          |   |  |   |  | Lunch, exhibi  | tion & poster presentations - Hal   | 13   |  |  |   |  |
| 2-2.30pm                       | BCLA Fellowship Presentation<br>Chaired by Dr Sònia Travé Huarte FBCLA & Rakesh Kapoor FBCLA - Ironbridge 1 & 2 |  |   | CPD and Higher<br>Qualifications Q&A   | Research and Equality,<br>diversity & inclusion Q&A  |   | Supervision and CLiP/ETR<br>Q&A  | Clinical Advisers Q&A  | Wellbeing session  |   |  |
| 2.30-3.30pm                    | Transforming Eyecare  | ry Keynote Lecture:<br>with Artificial Intelligence<br>eane - Ironbridge 1 & 2   | The Optometric use of Ocular Therapeutics in the management of Anterior eye disease Gary McMullan, Prof Jonathan Jackson FBCLA & Suresh Munyal MBCLA  |  |  |   | Peer review 2  |  |  |   |  |
| 3.35-4.35pm                    | Nishani   | No more tears to cry<br>Imran Jawaid.<br>Chair: Neil Retallic FBCLA  | Gaining Confidence in Dry Eye Diagnosis and Management* Byki Huntjens FBCLA, Dr Keyur Patel FBCLA & Indie Grewal FBCLA  | OCT & OCTA in medical retina Mike Horler FCOptom   | Trust me it's an emergency - clearing up the confusion relating to supply of medications  John Tickner FCOptom | How to never miss those<br>nasty retinal tears and<br>PVDs (Option 2)<br>Kam Balaggan | An eye on general health emergencies in the optometric practice Dr Doina Gherghel          | It's no skin off my eye -<br>dermatology made easy for<br>eye care practitioners<br><b>Dr Stephanie Gallard</b><br><b>Thea Pharmaceuticals</b> | Interactive Session 1 CooperVision and Johnson & Johnson Vision                    | Red is no! – Green is go! Successfully fitting EDOF lenses for presbyopia  Phil Thompson  Positive Impact                               |  |
| 4.35-5pm                       |   |  |   |  | Break, exhibit   | ion & poster presentations - Hal  | 13   |  |  |   |  |
| 5-6pm                          | IP in your practice Peter Frampton, Andy Britton, Brian McKeown & lan Cameron. Chair: Mas Sherratt              | Evidence-based recommendations for various aspects of anterior eye and contact lens practice Dr Neema Ghorbani Mojarrad FBCLA, Dean Dunning FBCLA & Dr Marta Vianya-Estopa FBCLA (BUCCLE). Chair: Dr Debarun Dutta FBCLA | IPL/Light therapy for Dry Eye* Connan Tam MBCLA, Sarah Farrant FBCLA, Indie Grewal FBCLA & Shail Patel FBCLA  | I spy with my little<br>eyes: The essentials<br>of paediatric dispensing<br><b>Jessica Gowing</b>          | Anterior segment OCT & glaucoma Professor Augusto Azuara- Blanco   | How to never miss those<br>nasty retinal tears and<br>PVDs (Option 3)<br>Kam Balaggan | Help! I've got something in my eye Dr Amritpal Chaggar MCOptom                             | A desire to time travel Nicky Latham CooperVision  | OCT in Diabetic Eye Disease  Danielle Lee  Topcon                                  | Myopia Management – Which Option** Raquel Torres Essilor  |  |
| 6-7.15pm                       | OptomFest: 20 years celebration, exhibition & poster presentations - Hall 3                                     |  |   |  |  |   |  |  |  |   |  |

| Progra              | amme Monday 2  | .'9 April 2024  |  | Key L Lecture P Panel Session  |   | Discussion Workshop S Sem   | ninar   |   | THE COLLEG   | BE OF BCLAND   |  |
|---------------------|--|---|--|--|---|---|---|---|--|--|--|
|                     | Optometry Tomorrow:<br>Lecture stream<br>Ironbridge 1 & 2  | BCLA Focus Lecture stream<br>Ludlow 1   | BCLA Focus Workshop stream<br>Newport 2  | Optometry Tomorrow:<br>Workshop stream 1<br>Wenlock 1 & 2  | Optometry Tomorrow:<br>Workshop stream 2<br>Wenlock 3 & 4   | Optometry Tomorrow:<br>Workshop stream 3<br>Newport 1                                       | Optometry Tomorrow:<br>Therapeutics & Peer<br>Review stream<br>Ironbridge 3                           | Sponsor stream 1<br>Beckbury 1 & 2  | Sponsor stream 2<br>Beckbury 3 & 4                                       | Sponsor stream 3 Pattingham 1  |  |
| 7.30-8am            |  |   |  |  | 5   | k run   |   |   |  |  |  |
| 8-8.55am            | Registration & exhibition - Hall 3   |   |  | Breakfast session: Locum forum  Registration & exhibition - Hall 3   |   |   |   | Registration & exhibition - Hall 3  |  |  |  |
| 8.55-9.55am         | Inherited Retinal Diseases<br>and Overview of Gene<br>Therapy in Eyecare<br>Professor Omar Mahroo  | TFOS Lifestyle report Dr Nikolina Budimlija. Chair: Indie Grewal FBCLA  | Plugging the gaps in your Dry Eye Diagnosis and Management Routine* Philip Thompson MBCLA, Nick Atkins FBCLA & Nick Howard FBCLA   | Advanced OCT in glaucoma - under the hood (Option 1) Dr Subash Sukumar   | Mastering myopia<br>management: a<br>discussion workshop<br>(Option 1)**<br>Professor Nicola Logan<br>MCOptom | Angling for better grades? Try gonioscopy!  Dr Dan Rosser MCOptom                           | IP Peer review P  | Challenging the Dry Eye Paradigm: Technicians measure things, Clinicians do what's important Dr Peter Frampton FCOptom Thea Pharmaceuticals | Cracking the Comfort Code 1 James Hall Johnson & Johnson Vision          | Managing your patient after cataract surgery Tom Critchley & Kamini Mistry SpaMedica |  |
| 10.05-11.05am       | Structure-function relationship in glaucoma: from research to clinical practice  Dr Giovanni Montesano   | Medical Use of Contact Lenses; Indications, Contraindications and Complications Prof Jonathan Jackson FBCLA, Shreeti Lakhani FBCLA & Siobhan Wren. Chair: Indie Grewal FBCLA          | A Beginner's Guide to Orthokeratology for Myopia Management** Katie Harrop FBCLA, Danielle Lee, Ian Sexton FBCLA & Chris Harrop  | Advanced OCT in glaucoma - under the hood (Option 2) Dr Subash Sukumar   | Mastering myopia management: a discussion workshop (Option 2)** Professor Nicola Logan MCOptom                | Eye on accuracy:<br>mastering van herick<br>and tonometry skills<br><b>Judy Lea MCOptom</b> | Embedding Evidence Based Practice into Your Clinical Decision Making Process Dr Laura Sweeney MCOptom | 'Comfortable Vision' for your<br>Toric Wearers<br>Buki Anthony MOptom<br>Alcon  | Cracking the Comfort Code 2 James Hall Johnson & Johnson Vision          | Dry Eye Quiz: Will it all end in Tears?*  Mandy Davidson MCOptom  Scope Eyecare      |  |
| 11.05-11.30am       |  |   |  |  | Break, exhibition & po  | oster presentations - Hall 3  |   |   |  |  |  |
| 11.30am-<br>12.30pm | Paediatric Dispensing - fit for their future?  Dr Alicia Thompson  | Understanding Biometry and Axial Length in context of primary eye care Dr Neema Ghorbani Mojarrad FBCLA. Chair: Corrina McElduff FBCLA  | The ABC of Fitting Presbyopic Corrective Contact Lens Rakesh Kapoor FBCLA  | Talking to the media: a field guide for optometrists Daniel Hardiman-McCartney MBE FCOptom & College Communications team                           | yourself in X years<br>time? Career planning  | I'm a Foreign Body,<br>get me out of here!<br>(Option 2)<br>Malcolm McPherson<br>MCOptom    | Peer review 3 P   | Surface Technology and comfortable contact lens wear Buki Anthony MOptom Alcon  | Scleral lenses – fitting fundamentals  Aneel Suri MCOptom  Bausch + Lomb | Dry Eye Detectives* Mandy Davidson MCOptom Scope Eyecare                             |  |
| 12.30-1.30pm        |  |   |  |  |   | ooster presentations - Hall 3   |   |   |  |  |  |
| 1.35-1.40pm         |  |   |  | Me   | ssage from platinum sponsor   | CooperVision - Ironbridge Suite   |   |   |  |  |  |
| 1.40-2.40pm         | The Charter Lecture in collaboration with BCLA:  Myopia management: Current evidence and future directions Professor Kathryn Saunders - Ironbridge 1 & 2  Soft custom contact lenses  - A last resort or a Panacea?  Jim Dickson MBCLA, David  Smithwick MBCLA, Francisco  Mateos & Karin Brown- Balvert MBCLA |   | Jim Dickson MBCLA, David<br>Smithwick MBCLA, Francisco<br>Mateos & Karin Brown-  |  |   |   | Peer review 4   |   |  |  |  |
| 2.45-3.15pm         |  |   |  |  |   | sts' AGM - Ironbridge Suite 1 & 2   |   |   |  |  |  |
| 3.15-3.40pm         |  |   |  |  | Break, exhibition & po  | oster presentations - Hall 3  |   |   |  |  |  |
| 3.45-4.45pm         | Diffusing the demographic eye health time bomb - how can optometry help?  Professor Darren Shickle   | Tear film biomarkers: What? When and Why? Dr Sònia Travé Huarte FBCLA. Chair: Dr Debarun Dutta FBCLA  | Decision making for the myopia management novice and the myopia management pro** Dr Manbir Nagra FBCLA, Corrina McElduff FBCLA, Keith Tempany FBCLA & Indie Grewal FBCLA | You say limitation, I say underaction – The assessment of incomitant and concomitant deviations in practice (Option 1)  Simon Frackiewicz  MCOptom | Introduction to Headset Binocular Indirect Ophthalmoscopy (Option 1) Rupal Lovell-Patel FCOptom               | Click Bait – Digital Imaging for Beginners Hamza Mussa MCOptom (The Crazy Optom)            | Uveitis: There's much more to it than just a lot of hot flare  Colin Davidson FCOptom                 | Aftercare In myopia<br>management – progression<br>and stabilisation**<br>Nicky Latham<br>CooperVision                                      | Using OCT to elevate Glaucoma clinics Edward Farrant MCOptom Topcon      | Refining the way we refract  Darren Taylor  Essilor                                  |  |
| 4.50-5.50pm         | Where is Optometry now and where are we going next? Kyla Black, Daniel Hardiman-McCartney, Harjit Sandhu, Claire Slade, Kiki Soteri, & Jay Varia. Chair: Dr Gillian Rudduck  | Evidence Based Research for Clinical Practice Dr Rachel Casemore MBCLA, Dr Claire McDonnell MBCLA, Yasmin Whayeb MBCLA, Anna Sulley FBCLA & Muno Osman. Chair: Dr Debarun Dutta FBCLA |  | You say limitation, I say underaction – The assessment of incomitant and concomitant deviations in practice (Option 2) Simon Frackiewicz MCOptom   | Introduction to Headset Binocular Indirect Ophthalmoscopy (Option 2) Rupal Lovell-Patel FCOptom               | OCT for absolute beginners Polly Dulley MCOptom   | Peer review 5   |   |  | Interactive Session 2  Alcon and SpaMedica   |  |